

Child Care News

A quarterly newsletter from The Children's Resource Center, Catawba County's Child Care Resource and Referral Agency

Volume XV, Issue 3

Winter 2016



Located at 3030 11th Ave. Dr., S.E., Hickory, NC

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www.catawbacountync.gov/dss

Date: 2/12/16

To: Child Care Providers

From: Catawba County Day Care Office
Donna Greene

RE: NC FAST and Changes

This year we are expected to transition into a new program for Subsidized Child Care known as NC FAST. You will begin to see information and I strongly encourage providers to dive in and learn this information as it is provided.

Information will be available in different means .

The first place to access information is through the DCDEE website. There will be a bulletin available the 15th of each month. I am enclosing a copy of the first one (January 2016), but our office will not mail these in the future.

Secondly, the reimbursement summary will include messages regarding the new process using NC FAST. Finally, DSS will contact providers by mail to advise of changes coming from our office (probably included with the reimbursement summary to save on postage and supplies).

A few of those changes are listed:

- 1) Family certification dates will now go through the end of the month. For example: 1/10/16-1/9/17 will now look like 1/10/16-1/31/17. We are in the process of changing all active voucher's end certification dates. DCDEE has given us until 4/29/16 to complete 'clarification' of end date action notices for all active vouchers.
- 2) In the future, the terminations due to family certification ending will be in the format of a letter not an action notice.
- 3) Action notices will still be completed for other changes and terminations not due to certification (ie lost job).

Anticipate - There will be lots of policy and process changes coming. Please be diligent in reviewing all information provided. Thank you for working with subsidy and willingness to adjust to this new process.

Thanks,
Donna Greene
828-695-5715



To strengthen, with dignity and respect, the quality of life for all citizens through supportive services and advocacy

IN THIS ISSUE

Parenting Classes.....	2
Zika Quick Facts.....	3-4
Poison Prevention.....	5
NC Foundations.....	6
Healthy Snacks Training.....	7
Inspector's Spot.....	8

Winter 2016 Newsletter
Volume XV Issue 3
Published quarterly by:
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THE CHILDREN'S



RESOURCE CENTER



Parent Classes



Parent Support Team

*Taking the Guesswork
out of Parenting!*

Learn to be the BEST parent you can be!

The Parent Support Team is here to support you in your parenting journey! We offer a variety of parent education programs using the Triple P (Positive Parenting Program).

Triple P classes and consultations are FREE for Catawba County families!

Triple P provides a toolbox of ideas to help you manage the big and small parenting challenges in your life, and offers practical methods to help meet your family's individual needs. You can participate in group opportunities as well as one-on-one consultations, so we will help you decide which structure works best for you and your family.

Triple P Options for Catawba County Families:

Group Triple P offers five 2-hour group sessions for up to 12 parents, where participants learn through observation, discussion, practice, and feedback. Parents will also participate in three one-on-one consultations with the facilitator to help with your individual needs.

Primary Care Triple P provides one-on-one sessions with a certified Triple P parent educator, including four 30-minute sessions that focus on targeted challenges that parents are experiencing with their child.

Stepping Stones Triple P includes parent education specifically designed for parents who have children with identified special needs. Parents can participate in one-on-one sessions or in group settings with other parents who share common challenges.

Triple P Seminar Series introduces Triple P's strategies of positive parenting with 90-minute topic-specific seminars.

Family Transitions provides a more intensive intervention for families going through separation and divorce.

Triple P Website is where families can access helpful parenting information at any time. www.triplep-parenting.net/nc-en/home

For more information
or to sign up for
Triple P, call
828-695-6565



Catawba County Parent Support Team is a Smart Start funded project of the Catawba County Partnership for Children. It also receives support through Catawba County Social Services and Public Health, as well as other funders. For more information about the Parent Support Team, please call the Early Childhood Support Team Leader at 828-695-6590.



Zika Quick Facts



Catawba County Public Health
www.catawbacountync.gov/phealth

3070 11th Ave. Dr. SE, Hickory, NC 28602
Phone (828) 695-5800
Fax (828) 695-4410

Zika Quick Facts

What is Zika?

Zika is a disease caused by Zika virus that is spread to people primarily through the bite of an infected mosquito. Only about 1 in 5 people infected with Zika virus will become sick. Zika usually causes mild symptoms including rash and red eyes. Less common symptoms include fever, joint pains and muscle aches. Symptoms may last for several days to a week. People usually don't get sick enough to go to the hospital, and they very rarely die of Zika.

How is Zika transmitted?

Zika is primarily transmitted through the bite of infected mosquitoes. It can also be transmitted from a pregnant mother to her baby during pregnancy or around the time of birth. There are limited reports of transmission through sexual contact and blood transfusion.

Why are pregnant women at heightened risk?

There have been reports of a serious birth defect of the brain called microcephaly and other adverse pregnancy outcomes in babies of mothers who were infected with Zika virus while pregnant. Knowledge of the link between Zika and birth defects is evolving, but until more is known, CDC recommends special precautions for pregnant women.

NORTH CAROLINA UPDATE

- The North Carolina Department of Health and Human Services is encouraging all North Carolinians – and pregnant women in particular – to be aware of the risk of Zika virus infections before traveling to Mexico, Central America, South America or the Caribbean.
- No Zika virus infections have been reported in North Carolina to date.
- The State and local health departments are working to ensure all North Carolina clinicians and laboratories have access to current guidance and to diagnostic tests, and that all cases of suspected Zika virus are reported to public health for thorough investigation and discussion of prevention measures.
- NC DHHS anticipates travel-associated cases of Zika virus infection in North Carolina. Travel-associated cases of other viruses spread by these same mosquitoes (dengue and chikungunya) are reported each year. Fortunately, the type of mosquito responsible for most Zika virus infections is not believed to be widespread in North Carolina.

GUIDANCE TO CATAWBA COUNTY PUBLIC HEALTH CLIENTS

Should a pregnant woman who has traveled to a place with a Zika outbreak be tested for the virus?

CDC recommends that all pregnant women who have traveled to a place with a Zika outbreak get tested. It is especially important for pregnant women to see a doctor if they develop a fever, rash, joint pain, or red eyes during their trip or within 2 weeks after traveling to an area with Zika.

... continued on second page ...

"Leading the Way to a Healthier Community"



Zika Quick Facts cont'd

Page 2 of 2

What if I have a pregnant client who asks about getting tested?

If she has traveled to a place with a Zika outbreak, refer her to her healthcare provider to decide what tests are needed.

What if I have a pregnant client whose male sexual partner has traveled to a place with a Zika outbreak?

The CDC recommends that pregnant women talk with their health care providers about their male partner's potential exposures to Zika virus and symptoms of Zika-like illness in order to decide if tests are needed.

What if I have a male client who asks about getting tested?

If he has traveled to a place with a Zika outbreak, refer him to his healthcare provider to decide what tests are needed. If he does not have a medical home, refer him to an appropriate healthcare provider.

CATAWBA COUNTY PUBLIC HEALTH'S ROLE LOCALLY

- **Awareness and Education:** We are disseminating updated information and providing guidance about Zika transmission and testing to healthcare providers and the public.
- **Laboratory Testing:** Local healthcare providers may submit specimens to the North Carolina State Lab for Public Health (NC SLPH) for Zika testing after receiving approval from NC Division of Public Health. Our lab staff is available to coordinate the shipment of specimens to NC SLPH if needed by local providers and answer their questions about Zika testing and specimen submission.
- **Surveillance:** Because Zika has been added to the 90+ reportable communicable diseases and conditions in North Carolina, we are responsible for monitoring local incidence and prevalence.

GENERAL PREVENTION INFORMATION

- When traveling to countries with Zika outbreaks, take steps to protect yourself from mosquito bites.
- If pregnant or planning to become pregnant, consider postponing travel to areas with Zika outbreaks. If you must travel to an affected area, talk to your healthcare provider first and strictly follow steps to prevent mosquito bites during your trip.
- If a man who travels to affected countries has a partner who is pregnant, the couple should abstain from sex or use condoms for the duration of the partner's pregnancy.
- While the primary mosquitoes that carry Zika virus are not believed to be widespread in North Carolina, NCDHHS encourages individuals to take routine precautions against mosquito bites in general.

FOR MORE INFORMATION

Centers for Disease Control and Prevention: <http://www.cdc.gov/zika/index.html>

NC Department of Public Health: <http://epi.publichealth.nc.gov/cd/diseases/zika.html>

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Updated: 2.18.2016





National Poison Prevention Week

National Poison Prevention Week Children Act Fast, So Do Poisons

Tips to help keep children safe from poison exposures

Poison -

Poisoning is the #1 cause of injury death in the U.S.*, and the number of children dying from poisoning has more than doubled since 1999.* Just about anything can be poisonous if it is used in the wrong way, by the wrong person, or in the wrong amount. Some things are harmful if they come into direct contact with your eyes or skin. Others may be toxic if you breathe them or swallow them.



In 2014, about half of exposure cases managed by poison centers involved children younger than 6.* That's over 1 million calls!

Top 10 Pediatric (<6) Exposure Substances



Cosmetics/Personal Care Products
 Household Cleaning Substances
 Anesthetics (pain relievers)
 Foreign Bodies/Toys/Misc.
 Topical Preparations
 Vitamins
 Anticholinergics
 Pesticides
 Gastrointestinal Preparations
 Plants



Read and follow the directions on the label of any cleaning product, chemical, pesticide, or medicine prior to use.

It only takes seconds for a child to get a hold of something poisonous. Be prepared!



Save the Poison Help number, 1-800-222-1222, in your phone, and post it in a visible place in your home!



Install carbon monoxide detectors in your home and check their batteries regularly.

PRACTICE SAFE STORAGE:

Ideally, the following things should be stored up, away, and out of sight of children. Alternatively, keep these substances in locked cabinets or containers. Keep in mind that there is no such thing as a 100% child-proof container:



All medications and pharmaceuticals, including over-the-counter medicines, vitamins, and supplements

Tobacco and e-cigarette products, and beverages or products that contain alcohol



Laundry and cleaning supplies

Pesticides and insect repellents

Button batteries

Any type of oil or lubricant, including fragrance oils, kiki torch oils, engine oil, etc.



Personal care products, especially contact lens disinfectants and hand sanitizers

Other chemicals



* Sources: 1. Warner M, Chen JH, Nelson DH, Anderson WJ, Wooten MA. Drug poisoning deaths in the United States, 1980-2008. *MMWR* 2011;60(1):1-6. 2. Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. *Web-based Injury Statistics Query and Reporting System (WISQARS)*. National Center for Injury Prevention and Control website. Underlying poisoning deaths and injuries, children ages 19 and under. 3. Johnson B, Spiller RO, Woods DE, Wolfson H, Schaubert S. 2014 Annual Report of the American Association of Poison Control Centers National Poison Data System (NPDS). 31st Annual Report. *Clin Toxicol (Phila)*. 2013.

If you have any questions about how to prevent poisonings, or if you or someone you know suspects poisoning, call the Poison Help number at 1-800-222-1222. Experts are available 24/7/365.

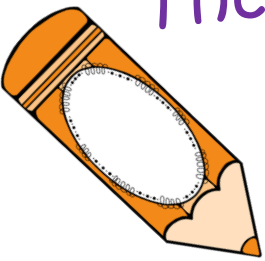


For more information on National Poison Prevention Week, visit poisonprevention.org
#preventpoison #NPPW16

**POISON
Help**
1-800-222-1222



“The best teachers are the best learners.”



Foundations...for What?

“We’re having difficulty with a child.”

“She/he just doesn’t listen.”

“I have a teacher who...”

“She/He’s a great teacher but...”

“How do I get my staff to uphold 4/5 star quality every day?”

“This classroom is out of control!”

An Early Childhood Professional recognizes the expertise and dispositions required to work with young children. As providers and teachers it is imperative to understand the *foundation* of growth and development. **The North Carolina Foundations for Early Learning and Development (also known as “Foundations” or NC FELD)** is a crucial document in assuring a concise and clear understanding of how and what facilitators should be doing to assure children are school ready. The objective and purpose of the North Carolina Foundations for Early Learning and Development is to equip teachers with a set of common goals and developmental indicators to guide their planning and facilitation. Understanding the developmental domains and the developmental milestones of the learner allows the teacher to develop developmentally appropriate practices and plan accordingly.

The Children’s Resource Center offers the following trainings:

Driving the Developmental Domains

This is a comprehensive overview of the Five Developmental Domains. We will be answering the question: What does each domain look like in the classroom? This training is a great precursor for the CEU- NC Foundations for Early Learning and Development Training.

CEU- North Carolina Foundations for Early Learning and Development

This 5-hour course will provide participants with an introduction to Foundations , North Carolina’s new Early Learning and Development expectations, how they are structured, and how to implement them in early childhood settings. Foundations can be used to improve teachers’ knowledge of child development, guide teachers’ plans for implementing curricula, establish goals for children’s development and learning, and inform family’s about age appropriate expectations for development and learning.

***** North Carolina Foundations for Early Learning & Development (the book) will be distributed –free of charge- to training participants. *****



CRC TRAINING

Come Snack with Us! Healthier Snacking in the Childcare Setting

A guide to creating healthy snacks that meet the
CACFP guidelines *

AND promote health!



Thursday April 14th

Time: 6:30-8:30pm

Place: Partnership for Children
Early Childhood Resource Center
738 4th St. SW
Hickory, NC 28602

Experience:

- Quick and easy snack ideas!
- Fun activities for children!
- Free samples!



LENOIR-RHYNE
UNIVERSITY

Presented by Registered Dietitians and
dietetic interns from LRU
Receive 2 in-service training credits

*You do not have to be enrolled in the food program to attend this!



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Inspector's Spot – Winter 2016 – This month's topic:

ARE YOU READY TO SAVE A LIFE?

By: Thomas Raper, Fire Inspector – Hickory Fire Dept.

Many child care facilities are equipped with an Automatic External Defibrillator, most commonly known as an AED. In the event you needed to use it would you know how? Can you find it quickly? Do you even know how to use it? Below are a couple of tips to help you be more prepared:

REGISTER YOUR AED: Catawba County has a program to register your AED. This helpful program will allow your center to receive reminders on checking batteries, pad expiration and servicing. In addition, during an emergency 9-1-1 operators can instruct you over the phone on the location of your AED and how to use it!

GET TRAINED: All employees at your center should be trained in the use of the AED and in CPR. Being trained in how to react during an emergency can and will save lives. Don't just "think" you know what to do....**KNOW** you know what to do!

To request training in CPR and AED use or to learn how to register your AED, please contact Melanie Sigmon with Catawba County EMS at 828-464-1575 or a melaniesigmon@catawbacountync.gov

For more information, or if your center would like fire extinguisher or safety training, contact the following:
Catawba County Fire Marshal's Office at 828-465-8238 Conover Fire Department at 828-464-1295
Hickory Fire Department at 828-323-7521 or 828-323-7522 Newton Fire Department at 828-695-4334

If you have questions for fire inspectors or educators, contact Terri Byers at 828-323-7521, or email: tbyers@hickorync.gov

Please be sure to visit our website for the most up to date training information:

<http://childrensresourcecenter.org/training-calendar/>

The mission of The Children's Resource Center is to ensure that all children and their families in Catawba County have access to quality, reliable, child care and developmental opportunities. All services, programs, activities and employment practices of The Children's Resource Center are available to all people regardless of race, color, religion, age, national origin, sex, handicap, or political affiliation.

The Children's Resource Center is a Smart Start funded project through the Catawba County Partnership For Children.