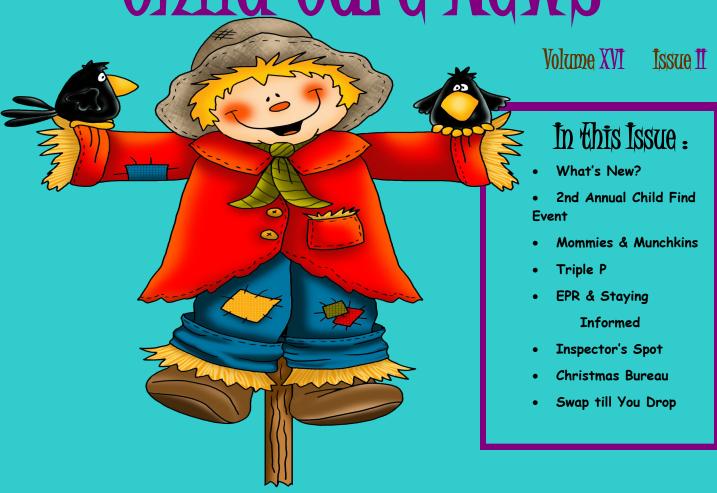
Child Care News



## Did you know you can pay for your trainings online???









### But How???

Simply visit the online training Calendar, where you will find a link that says

"Pay Your Fees Online"







### Mommies & Munchkins

Mommies & Munchkins will provide moms an opportunity to join with others to talk, learn, share and play! Participants will have the space to share stories, build relationships, compare those "me, too" moments, connect with community resources, and embrace the eventful journey of motherhood.

Hosted by Jennifer Whipple, Family Support Specialist with the Children's Resource Center (a division of the Catawba County Partnership for Children). Please Call Jennifer at 828-695-6517 for more information.





# Positive Parenting Workshops!

Being a parent can be incredibly rewarding ... and incredibly challenging. There are FREE workshops available to you that will help you manage the big and small challenges of raising kids. Equip yourself to create a family life with more fun and fewer struggles! These 90-minute Triple P Workshops are informal presentations designed for groups of parents. You can choose to do one, two or all three seminars!

- The Power of Positive Parenting... October 13, 2016 6:30-8pm St. Luke's United Methodist Church There is no single right way to be a parent. But, there are ways that parents can make their jobs easier by developing positive loving relationships with their children through encouragement, attention and good communication. This seminar provides some practical tips for managing common parenting challenges with positive approaches.
- Raising Resilient Children... October 20, 2016 6:30-8pm St. Luke's United Methodist Church One of the most important tasks of parenthood is helping children learn to deal with their emotions. This seminar provides parents with some ideas for teaching children how to bounce back after day-to-day disappointments or struggles.
- Raising Confident Competent Children... October 27, 2016 6:30-8pm St. Luke's United Methodist Children are more likely to be confident, to succeed at school, and to get along well with others when they develop certain life skills. This seminar will give parents some ideas on how to help children learn how to become self-confident and capable people.

### Call The Children's Resource Center at 828-695-6565 to register!

Triple P takes the guesswork out of parenting. It is one of the most effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. The Parent Support Team offers a variety of parent education opportunities for families with children who are age birth to five, using the Triple P® (Positive Parenting Program) model. Call 828-695-6565 for more information!



Catawba County Parent Support Team is a Smart Start funded project of the Catawba County Partnership for Children. It also receives support through Catawba County Social Services and Public Health, as well as other funders. For more information about the Parent Support Team, please call Jane Abernathy, Triple P Coordinator, at 828-695-6594.

EPR & Staying Aware

Preparedness is at your fingertips and can go with you anywhere! The ReadyNC App from North Carolina Emergency Management helps you stay up to date on emergency situations straight from your mobile phone. The FEMA App gives you updates from the National Weather Service, has disaster and preparedness resources, and also allows you to upload your disaster photos for emergency responders. The Centers for Disease Control and Prevention also has apps and web pages to provide emergency related health and safety information and to help you build emergency preparedness kits and plans. These resources will help you to stay informed about what you need to know and do in an emergency. Be aware and prepare!

ReadyNC App: <a href="https://www.readync.org/EN/DOWNLOADAPP.html">https://www.readync.org/EN/DOWNLOADAPP.html</a>

FEMA App: <a href="https://www.fema.gov/mobile-app">https://www.fema.gov/mobile-app</a>

CDC App: <a href="https://itunes.apple.com/us/app/cdc/id487847188?mt=8">https://itunes.apple.com/us/app/cdc/id487847188?mt=8</a>

National Weather Service App: <a href="http://www.weather.gov/ctp/mobileappfeaturePage">http://www.weather.gov/ctp/mobileappfeaturePage</a>

Digital Apps for your Go Bag: <a href="https://sis.nlm.nih.gov/dimrc/disasterapps.html">https://sis.nlm.nih.gov/dimrc/disasterapps.html</a>







By: Thomas Raper, Fire Inspector - Hickory Fire Dept.

Welcome to this special edition of the Inspector's Spot! Recently we have received several questions regarding door hardware that is appropriate for a lock down, yet approved by the fire inspectors. Many times information provided by other agencies may conflict with what is allowed by fire code. The purpose of this article is to hopefully alleviate some of the confusion.

BEFORE any door hardware is changed out, contact your fire inspector. If you decide to upgrade your door hardware to make it lock down friendly, you will need to install hardware that is approved by the current fire code. The easiest way to determine what is approved for your facility is to contact your fire inspector for advice. This will prevent spending money unnecessarily to install hardware only to have the fire inspector write it up and have you remove or change it.

At no time are dead bolts, slide bolts, chains, padlocks, door wedges or similar devices approved for use on classroom or exit doors. This includes gates on your playground fences. Locks are not permitted on playground gates unless approved by the fire inspector.

If your center has a lock down procedure in place or is in the process of developing one, be sure it is approved by the fire inspector. By Chapter 4 of the 2012 NC Fire Code, all lock down plans and revisions to the plan have to be reviewed and approved by the fire inspector BEFORE you put them in place. So prior to implementing your plan, contact your fire inspector to have it reviewed.

All centers have the goal of providing efficient and safe care for our children at all times. To continue with the wonderful job many of you do, remember to always ask questions when in doubt. Contact your local fire inspector before you make any changes to door hardware or lock down procedures to make sure you are making the safest choice!

Catawba County Fire Marshal's Office at 828-465-8238

Conover Fire Department at 828-464-1295

Hickory Fire Department at 828-323-7521 or 828-323-7522

Newton Fire Department at 828-695-4334

## 2016 Christmas Applications

Serving Children Birth to Age 16

#### What is the Christmas Bureau?

The Catawba County Christmas Bureau is a collaborative effort among many Catawba County agencies and organizations to provide food, toys, clothing and coats to children and teenagers in need of assistance during the Christmas season.

Gifts are distributed at the American Legion Fairgrounds in December.

### **Documentation Needed for Registration**

Applications will be filled out at the locations listed below.

- \* Photo ID or passport for each applying adult
- Birth Certificate <u>OR</u> Social Security Card <u>OR</u> Medicaid Card for all children in the household
- \* Custody papers as applicable
- \* Proof of all monthly income
- Proof of all monthly expenses

#### **Registration Locations**

#### The Salvation Army

Catawba County Christmas Bureau

(828) 322-8061

#### 750 3rd Ave. Pl. SE, Hickory

Mon., Oct. 3—10:00am to 3:00pm Tue., Oct. 4—2:00pm to 7:00pm

Wed., Oct. 5—10:00am to 3:00pm

Thu., Oct. 6—10:00am to 3:00pm

Fri., Oct. 7—10:00am to 3:00pm

Sat., Oct. 8—10:00am to 3:00pm

#### **ECCCM**

(828) 465-1702

#### 245 East N Street, Newton

Mon., Oct. 10—10:00am to 3:00pm
Tue., Oct. 11—2:00pm to 7:00pm
Wed., Oct. 12—10:00am to 3:00pm
Thu., Oct. 13—10:00am to 3:00pm
Fri., Oct. 14—10:00am to 3:00pm

#### **Catawba County DSS**

(828) 695-5600

#### 3030 11th Ave. Dr. SE, Hickory

Mon., Oct. 17—10:00am to 3:00pm Tue., Oct. 18—10:00 am to 3:00pm Wed., Oct. 19—10:00am to 3:00pm Thu., Oct. 20—10:00am to 3:00pm Fri., Oct. 21—10:00am to 3:00pm

Sat., Oct. 15-10:00am to 3:00pm



... It's almost time for our 2nd Annual Girls' Night Out Accessory Swap party ...

## SWAP 'til you DROP!

Thursday, November 3, 2016 5:30 pm – 7:30 pm Catawba Country Club

Swap your stylish & gently used accessories (necklaces, purses, bracelets, or scarves) for items that are new to you!

Enjoy refreshments, a silent auction featuring tickets to Disney World, and some quality time with the "girls!"







## WE NEED YOUR HELP

Share any concerning interest, current events, or topics that you would like to see in future newsletters.

Email La'Gentry Ross



lross@catawbacountync.gov

