

# Child Care News

Volume XVI Issue III Winter 2017



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Did you know you can pay for your trainings online???

## But How???

Simply visit the online training calendar, where you will find a link that says  
"Pay Your Fees Online"





# Positive Parenting Workshops!

Being a parent can be incredibly rewarding ... and incredibly challenging. There are FREE workshops available to you that will help you manage the big and small challenges of raising kids. Equip yourself to create a family life with more fun and fewer struggles! These 90-minute Triple P Workshops are informal presentations designed for groups of parents with preschool children. You can choose to do one, two or all three seminars!

## 1 The Power of Positive Parenting

January 24, 2017 – 6:00-7:30pm  
Conover Station Library

There is no single right way to be a parent. But, there are ways that parents can make their jobs easier by developing positive loving relationships with their children through encouragement, attention and good communication. This seminar provides some practical tips for managing common parenting challenges with positive approaches.

## 2 Raising Confident Competent Children

January 31, 2017 – 6:00-7:30pm  
Conover Station Library

Children are more likely to be confident, to succeed at school, and to get along well with others when they develop certain life skills. This seminar will give parents some ideas on how to help children learn how to become self-confident and capable people.

## 3 Raising Resilient Children

February 7, 2017 – 6:00-7:30pm  
Conover Station Library

One of the most important tasks of parenthood is helping children learn to deal with their emotions. This seminar provides parents with some ideas for teaching children how to bounce back after day-to-day disappointments or struggles.

**Call the Children's Resource Center at 828-695-6565 to register!**

*Triple P takes the guesswork out of parenting. It is one of the most effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. The Parent Support Team offers a variety of parent education opportunities for families with children who are age birth to five, using the Triple P® (Positive Parenting Program) model. Call 828-695-6565 for more information!*



Catawba County Parent Support Team is a Smart Start funded project of the Catawba County Partnership for Children. It also receives support through Catawba County Social Services and Public Health, as well as other funders. For more information about the Parent Support Team, please call Jane Abernathy, Triple P Coordinator, at 828-695-6594.

# Mommies & Munchkins

Mommies & Munchkins provides moms with an opportunity to join with others to talk, learn, share and play! Participants will have the space to share stories, build relationships, compare those "me, too" moments, connect with community resources, and embrace the eventful journey of motherhood.

Hosted by Jennifer Whipple, Family Support Specialist with the Children's Resource Center (a division of the Catawba County Partnership for Children).



Please call Jennifer @ 828-695-6517 for more information.





# SAVE THE DATE!

... because you won't want to miss this!



Saturday, April 29, 2017

Woodlawn Baptist Church

8:00 am - 2:45 p.m.

5 Credit Hours • Lunch Provided • Vendors • Door Prizes

Registration Available 3/1/2017 - Cost \$25 / \$20 Early Bird Rate

*Brought to you by:*

Catawba County Child Care Directors Association

Catawba County Partnership for Children

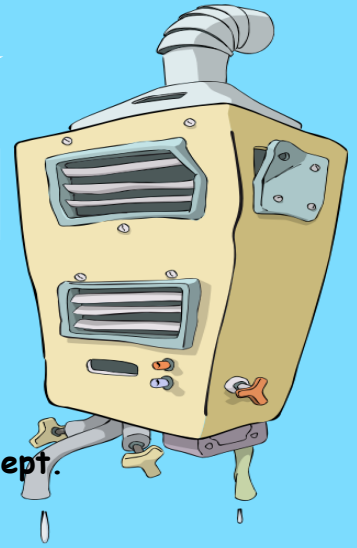
Children's Resource Center



# Inspector's Spot

## The Heat is On

By: Thomas Raper, Fire Inspector - Hickory Fire Dept.



With colder temperatures here, heating units are firing up, bringing fire and other dangers that can sneak up on you. Carbon monoxide, also called the "Silent Killer," is a colorless and odorless gas that will make you sick and eventually cause death. Carbon monoxide is created by anything that burns an open flame: propane, natural gas, wood, oil, kerosene, charcoal, etc. Common symptoms of carbon monoxide poisoning are similar to the flu: headaches, dizziness, nausea and fatigue.

The following are ways to protect yourself and the children from carbon monoxide:

**Install carbon monoxide alarms in your facility and in your homes.** Like smoke alarms, check them once a month and change the batteries once a year, or according to manufacturer recommendation.

Make sure that **heating systems** are regularly **maintained and inspected** for problems.

**Follow all manufacturers' instructions** when using heaters.

**NEVER** use **charcoal indoors** for heating or cooking.

**NEVER** use an **oven or stove** to heat a building.

Remember not all heaters are approved for your centers. Contact your fire inspector for more info!

If you **suspect a carbon monoxide problem**, treat it as you would a fire. Activate the alarm, **call 9-1-1** and **evacuate** the building immediately. Children may be overcome by carbon monoxide quicker than adults.

Carbon monoxide alarms **ARE NOT** a substitute for smoke alarms. You should install and maintain both in your homes and centers to stay safe and protected.

Catawba County Fire Marshal's Office at 828-465-8238

Conover Fire Department at 828-464-1295

Hickory Fire Department at 828-323-7521 or 828-323-7522



# Health & Safety Trainings 411

The Division of Child Development and Early Education (DCDEE) has developed newly required Health and Safety trainings for North Carolina Early Care and Education Professionals. All staff members and caregivers have until **June 30, 2017** to complete these trainings (11 required). DCDEE will accept credits from **January 1, 2015 - June 30, 2017** that may meet the Health and Safety requirements. Some of you may have already received credits for some of these Health and Safety trainings through

**Child Care Services Association (CCSA).**

**\*(This is not the Children's Resource Center)**

As a courtesy, CCSA is providing you with the opportunity to receive a transcript that will list the trainings that you have taken through CCSA.

If you would like a copy, please respond via email, to request this information.

All emails must be sent to [Professionaldevelopment@childcareservices.org](mailto:Professionaldevelopment@childcareservices.org),

specifying the subject of the email as "Transcript Request".



# Help Spread the Word

Catawba County is in desperate need of Family Child Care Homes to meet the county's child care needs.

Ever considered owning your own child care business?



Let us help you open your own Family Child Care Home!

Contact the  
Children's Resource Center  
828.695.6514





# Leadership & Administration for Success in Early Childhood Programs

The ability of early childhood program administrators to apply leadership experience, knowledge, and skills are key to the success of a program. This workshop will allow administrators to address and reinforce their complex roles as directors & their many areas of responsibility.

~ 3 Training Sessions (0.5 CEUs per session)

## Session Topics

- Leadership & Ethics Within the Organization
- Leadership in Programs-Creating the Roadmap for Improvement
  - Leadership in the Field of Early Childhood

**Presenter:** La'Gentry Ross

*Children's Resource Center & Catawba County Partnership for Children*







# SUGGESTIONS PLEASE

**WE NEED  
YOUR HELP**

Share any concerning  
interest, current events, or topics  
that you would like to see in  
future newsletters.

Email La'Gentry Ross

@

[lross@catowbacountync.gov](mailto:lross@catowbacountync.gov)

HOW CAN  
WE HELP  
YOU?